

VICAR'S BLOG :

'Change and decay, in all around I see' – words from the well known hymn 'Abide with Me'. It doesn't sound the most hopeful of hymns, does it, but the point it tries to make is that whilst things change around us, and sometimes decays, God doesn't change and remains as the foundation of life for those who believe. Change is something that we all have to adapt to. We live in a world whose only constant is change and it seems to me that (although this could be because I am getting older!) the pace of change just seems to get faster. Who would have thought, even 20 years ago- , that we could download books onto our phones and read them, or never have to go to a supermarket because we can buy on line ... and so it goes on

The church changes too. It has to change – it always has changed, sometimes more slowly than people want it to. Our church buildings reflect that. Most of our churches have something of every century in them as the needs of the worshipping congregations and the communities have adapted to a different context. Nothing is static.

Why am I thinking about change? Well because we are in a period of change in our group of churches as we double in size from four churches to eight. By the time you read this that will already have happened. The way we look at that could be with an air of pessimism – it's a reflection of dwindling numbers etc etc. The way I am looking at it though, is to reflect on what God is doing and what opportunities this may present to share the good news of the gospel and to work with other churches. Of course there will be challenges. Sundays will be different, but I am delighted that we have found a pattern of services that meet the needs of most people. But just as a warning, I am looking for new things! We are beginning Family Worship in Cherry Willingham and I am also looking for a slot for some more contemporary worship.

Every blessing,
Penny

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Hodgson Charity

Exists for the people of Fiskerton

Can't buy new uniform for the children? Struggling to pay the bills?
Struggling to put food on the table?
The Hodgson Charity is available to help

Contact Revd Penny Green

Tel: 01522 595596

Email: revdpg@virginmedia.com

Whatever the circumstances, your application will be dealt with confidentially

CHURCH SERVICES for the South Lawres Benefice**SEPTEMBER 2013****1st. 14th. after Trinity**

8am Morning Worship at Cherry Willingham
9.15am Holy Communion at Fiskerton
 11am Holy Communion at Greetwell
 4pm Messy Church at Reepham School

8th. 15th. after Trinity

9.15am Morning Worship at Fiskerton
 9.15am Holy Communion at Reepham School
 10.45am Holy Communion at Cherry Willingham
 3pm Teddy Bear's Picnic 2

15th. 16th. after Trinity

8am Holy Communion at Cherry Willingham
9.15am Harvest Holy Communion at Fiskerton
 9.15am Family Worship at Reepham School
 10.45am Morning Worship at Cherry Willingham
 6.30pm Compline at Cherry Willingham

22nd. 17th. after Trinity

10.30 am Group Service at Cherry Willingham
4pm Harvest Messy Church at Fiskerton

29th. 18th. after Trinity

9.15am Morning Worship at Fiskerton
 9.15am Harvest Family Communion at Reepham School
 10.30am Barn Service at Cherry Willingham
 6.30pm Evensong at Cherry Willingham

Holy Communion Services will be held at Cherry Willingham Church at 9.30am on Sept.11th. & 25th.

Service Rotas for September:

Sept.	Sidesman	Reader	Intercessions	Cleaning	Flowers
1 st .	Gill Walkinton	Annette Townsend Heb'ws 13:1-8 15-16	Clergy Blacksmith Rd	M. Broad	Lynda. Forman
8 th .	Jean Lunn	Paul Forman Philemon: 1 - 21	Annette Townsend Ferryside		Elsie. Blewitt
15 th .	Sandy Massey	Gill Walkinton 1 Timothy 1: 12 - 17	Clergy Lincoln Rd.	A Townsend & J Lunn	Gill Walkinton
22 nd .		Messy	Church		
29 th .	Carol Proctor	Sandy Massey 1 Timothy 6: 6 - 19	Lynda Forman New residents		Jean Lunn
Oct. 6	Gill Walkinton	Lynda Forman	Clergy	C. Proctor & S. Massey	Jean Thomas



4pm Sunday September 22nd.

Fiskerton Church

ALL PARENTS AND CHILDREN VERY
WELCOME



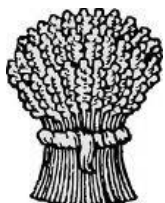
Other Church News:

Village Baptisms:

We welcome into the Lord's family, at their Baptisms in St. Clement's Church:

July 21st. Rory George Gardener Mikinnon

August 11th. Francesca Louise Jean Crossley



Harvest Services:

This year, there will be a traditional Harvest Communion Service at St. Clement's on Sunday September 15th. starting at 9.15am.

On Sunday September 22nd. there will be a Harvest Messy Church at 4pm

To arrange Baptisms, Weddings or Funerals please contact:-

Rev. Penny Green (Priest in Charge) The Vicarage, Church Lane

Cherry Willingham 01522 595596

Churchwardens: Mrs L. Forman Applegarth, Ferry Road Fiskerton 01526 398316

Mrs A Townsend 25 St. Clement's Drive Fiskerton 01522 595109

Church Key also available from: Mrs M Gibson, 14 Ferryside Gardens 01522 752117

Benefice Website: www.southlawresbenefice.org.uk

'Friend's of St. Clement's' Lottery:

July Winners:

£25: No.11: Dorothy Hall

£10: No.35: Christina Ward

£ 5: No.33: Mrs V Pettit

£ 5: No.64: Margaret Newton

August Winners:

£25: No. 20: Lois Woodthorpe

£10: No. 32: Mr & Mrs R Wall

£ 5: No. 26: Sue Bradley

£ 5: No. 1: Carol Proctor

Can You Help?

Last month we asked for volunteers to help open our Church to visitors on a Tuesday morning and we would like to say a very big "Thank You" to those who have offered to give up a couple of hours just a few times a year.

However, if we are to do this, then we do need a few more people to volunteer their time in this way. If you missed last month's Newsletter, then here is what it is all about.....

The PCC at St. Clement's is aware that our village Church is not open for visitors or prayer other than at a Sunday Service. We would very much like it to be open and available once a week for anyone to visit or just enjoy a quiet time.

You will be aware of our problems with theft over recent years and it is for this reason that we do not feel able to just leave the Church open and 'unmanned'. So, for us to open it and for it be more accessible, we are in need of some help.

Could you spare a couple of hours on a Tuesday morning to be in Church, welcome any visitors and offer a cup of tea or coffee (everything supplied)?

In this way, we could share our beautiful church with more people and you would be invaluable in assisting us to share the load.

If you can help at all – just a couple of Tuesdays a year would be great – then please contact the Church Wardens: Annette Townsend - 01522 595109 Lynda Forman – 01526398316

Thank you.

Coffee Mornings:



Coffee Mornings will continue in St Clement's Church in September. So do come along for delicious home-made cakes and a cup of tea or coffee. (We do seconds too.) From 10am - 11.30am on **Tuesdays September 10th and 24th.**

There will be a raffle, books for sale and time to chat.

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Chris Darcel, West Lindsey District councillor, Fiskerton and Langworth Ward, 3 Homfield, tel 01522 750411 or email chris@darcel.entadsl.com.

Just seven things have crossed my path since two months ago.

The Short ferry residents have set up a Residents Association. With luck, it may help them get a proper footpath to the bus stop and a shelter as well. I keep driving past similar shelters and pavements in other parts of the county that cannot get anything like the use Short Ferry or Ferry Rd will generate

Voluntary Centre Services. I had my first contact with the organisation a week or so ago. It is funded by WLDC and LCC and others and is there to help those who are either running volunteer groups or looking to set them up. I had no idea of the scope of the activities covered and the brilliant leadership skills of those running the groups. VCS hold forums for networking and for those with funds to give out a chance to explain what is available. If you are involved in any such activity or would like to get something started why not contact Gill or Heather on 01427 613470.

Paths and foot paths. The poor pavements and kerbs in much of the village have again cropped up. I do not know how much of the village will be covered by the current work but the infrequent mowing of footpaths is a problem that will be with us a long time. The County Council says two mowings a year and that is it. We need more, we pay our council tax, we need to get something organised.

Library closures. What is planned at Cherry will affect us as will the reduced hours of the mobile library. The so called consultation document looks like a done deal to me – a take it or leave it- approach- what are your views? Please share them with me.

Planning applications Application No 130066. WLDC Planning-tracker- An application has been made for change of use on part of the airfield. A number of people have objected to me at the siting of a container close to the war memorial. I have requested that the container is moved much further back from the road and that it is screened with trees. By the time you see this the decision will have been made.

Cutbacks and wasted money. The Government is blamed for the spending cuts causing so much pain but much of the blame is also here at a local level. The Incinerator is going to cost LCC some £15 million every year irrespective of how much waste is sent in. West Norfolk District Council have just tied up a deal which turns all the plastic to a reusable material and uses an AD processor for the food waste. It will cost WNDC nothing NOTHING. **WLDC needs to save £1 M per year- any ideas.**

Woodland workout Volunteers. Tuesday morning at Wragby and Usselby.

If you are interested please contact Jenny Boatwright on Jenny.Boatwright@forestry.gsi.gov.uk Jenny has taken over from my daughter Hannah who has moved up to Doncaster. I have been tree lopping and coppicing for four years and enjoy every moment.

Please contact me if you have any WLDC issues or any other suggestions you would like to make.

Important Newsletter Information:

Please note that items for inclusion in the Parish News can be handed in at Wishing Well Stores, or they can be posted to Mrs L. Forman, 'Applegarth', Ferry Rd. Fiskerton, Lincoln LN3 4HU Please telephone 01526 398316.

You can also e-mail items to fiskertonnews@btinternet.com
All items MUST be with the Editor by the 19th of the month.

What's On in September:

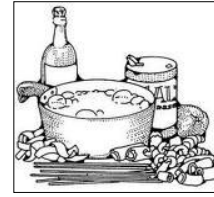
In The Village.....

THE LUNCH POT

Join us for a two course lunch. It will only cost you £3. 00 each.

The dates for **September** are **3rd**. and **17th**. at **12.30pm**.

For more details ring Mary on 595291.



Gardening Club:

The next meeting will take place on **Monday 9th September** in the Village Hall, beginning at 7.30pm.

Mick Graves & Peter Booker will talk on the subject of 'Pinks & Carnations'. All welcome.



The next meeting of **Fiskerton WI** will take place on **Thursday September 12th** in the Village Hall, beginning at 7.30pm. The speaker will be Emily Beavers on the subject of 'Forever Living Products'.

All are welcome to come along and enjoy this meeting.

MOBILE LIBRARY

The mobile Library will be at the Village Hall on **Tuesday September 17th** . between 3.30pm and 4.30pm. The vehicle has a lift/ramp for easy disabled access. Don't forget it is FREE to join and borrow books.



Marie Curie Tea Party.

Mary Pycock would like to thank everyone who came to her **Tea Party** in July and those who gave donations. She was able to send a cheque for £401.70p to this excellent cause.

VILLAGE HALL BOOKINGS FOR SEPTEMBER:

Monday	9 th .	Gardening Club	7.30pm – 9.30pm
Monday	16 th .	Parish Council	7.30pm – 9.30pm
Tuesday	3 rd 17 th .	Lunch Pot	10am – 2pm
Wednesday	18 th .	Private Hire	1pm – 8pm
Wednesday	25 th .	Dance Classes	1.30pm – 2.30pm & 5pm – 8pm
Thursday	5 th 12 th 19 th . 26 th .	Aerobics	9.30am – 10.30am
Thursday	12 th .	WI	7.30 pm – 9.30 pm
Friday	6 th . 13 th . 20 th . 27 th .	Bingo/Socials	7.30pm – midnight
Saturday	7 th . 21 st .	Weight Watchers	9.15am – 11.45am
Saturday	14 th .	Sati	9.30amj – 4pm
Saturday	14 th .	Private Party	7pm – 10pm
Sunday	1 st . 8 th . 15 th . 22 nd . 29 th .	Social Evenings	7.30pm – midnight
Sunday	15 th .	Causeway Projects	2pm – 5pm
Sunday	22 nd .	The Vine	11am – 1pm
Sunday	29 th .	Private Hire	10am – 12 noon

To make a booking or check availability please contact Booking Secretary Jenny Hayes on 07510281232

PARISH COUNCIL NEWS

Please be advised that these are notes of the meeting taken by the Clerk and cannot in any way be regarded as the official minutes of Council proceedings until they are approved and signed at the next meeting. Official minutes are available at http://www.fiskerton-lincs.org.uk/html/meetings_minutes.html

PARISH COUNCIL– 24th May, 2013

- Contrary to rumours circulating in the village, the Parish Council has no intention of implementing a Dog Control Order
- The Clerk was asked to contact:-
 - (1) LCC Highways, Environment Agency and LCC Footpaths about the bar obstructing the gate on the river bank near Five Mile Bridge – possible suggestion is to put a moveable bar with a notice attached to the gate asking walkers to replace when through the gate
 - (2) Environment Agency and Witham Third IDB about the condition of the riverbank. The level of the bank needs surveying as a matter of urgency as it appears to have dropped due to the use of an excavator and there may be a potential flood risk
 - (3) LCC Economy and Culture re proposed changes to library provision; suggested changes will see both Fiskerton and Short Ferry lose mobile library provision by May, 2014
 - (4) WLDC Chief Executive and Planning Enforcement Department re the failure to arrange for the repair/replacement of the fence on the open space, Holmfield
- Planning permission has been granted for a single storey extension to form garage and single storey rear extension to form kitchen at Mayrofen, 64 Ferry Road
- A widening scheme for part of Ferry Road towards Short Ferry is planned by LCC Highways but they are unable to indicate when this will be undertaken.
- Police presence in the village – Although police officers would like to be able to walk around the village, they have indicated that they have neither the time nor resources. They are incident-led and have to respond as such.
- Date of Next Meeting: Monday 29th July, 2013, 7.30 p.m. in the village hall

PARISH COUNCIL– 29th July, 2013

- The Clerk was asked to contact:-
 - (5) LCC Highways, re the condition of the footpath and road outside 17 Church View Crescent
 - (6) Acis re an overhanging hedge on High Meadows
 - (7) LCC Footpaths re cutting back the overgrown hedging on the public footpath across the field from Corn Close to Hall Lane
 - (8) WLDC Planning, asking that the proposed storage container on the airfield be situated 200 metres away from the War Memorial. This would show respect for the memorial and would be hidden by a bush
 - (9) LCC Transport Section with a petition asking that a bus shelter be erected on Ferry Road opposite Corn Close
- Residents are reminded that maintaining hedges/trees/shrubs is the responsibility of the owner/occupier of that property.
- A kissing gate has been installed where the stile was near Five Mile Bridge
- Parish Councillors are to see what can be done to replace the broken down fence on the open space at Holmfield
- The Parish Council has been given a donation of £1000 in the memory of Mr. D. Welsh to be used for any purpose that supports village community life. Discussions will take place at the next meeting as to how this money can be best used
- Councillors are looking to provide blue and black wheelie bins for the new teenage shelter in an effort to keep the area tidy
- Grant funding has been awarded for a bus shelter and it is hoped that one similar to the one in Reepham can be installed. The proposed site near High Meadows was confirmed as this stop is used by all buses going through the village
- RoSPA will conduct an inspection of the play area during August, 2013
- Carriage maintenance works on the B1202 and B1202/C004 junctions will be carried out for approximately three nights from 9th September, 2013. Between the hours of 7.00 p.m. and 6.00 a.m. there will be a temporary road closure. The road will be open to traffic outside of the working times
- Date of Next Meeting: 16th September, 2013, 7.30 p.m. in the village hall

Sunday Services – September

All services are family and youth-friendly with a vibrant children's programme. Coffee 10.45am

Sunday 1st September, 11am at Reepham & Cherry Village Hall with KidZone for children

Sunday 8th. September 11am at Fiskerton Village Hall with KidZone for children

Sunday 15th. September, 11am at Reepham & Cherry Village Hall with KidZone for children

Sunday 22nd September, 11am FAMILY SERVICE at Fiskerton Village Hall

Sunday 29th. September, 11am at Reepham & Cherry Village Hall with KidZone for children

The Third Thursday Book Club

For women who love to read a good book and talk about it with friends. We read a wide variety of good books. A different one each month.

Copies available for you.

7.30pm **Thursday September 19th.**

For further details contact Veronica:
01522 872011

The Mix for 11-17 year-olds

Friday Nights 7pm

Lots of different activities

Tel 876996 for details

The Vine Church is linked to a children's home and home for abandoned babies in Kenya, through regular support and short-term work as volunteers in the homes; there is a range of opportunities to get involved in this important work.

Connect groups for all ages, providing a social setting for you to connect with people, understand the Bible and grow in faith

Adults : Tues 8pm, Cherry Willingham, Wed 7.30pm, Fiskerton

Youth Connect Thurs 3:30-4.40 Cherry Willingham Youth Wing

Other activities and events for all ages

For other Church activities Visit

www.thevinecommunitychurch.org.uk or Tel Rev

V. Podbury on 872011 (Church Office) The Vine

Community Church Reg Charity 1142056 is part

of the Ground Level Network of Churches

CHERRY WILLINGHAM COMMUNITY CHOIR

Do you enjoy singing?...Yes

so men and ladies

Come along to

Cherry Willingham Primary School

(LN3 4BD)

Infant hall

7.30-9.00pm

When

Monday 9th & 23rd September 2013

With Regular Social Evenings

We will be singing a variety of songs

including:- Memory from Cats and

Where have all the Flowers Gone.

For more info please contact

Jane Mob. 07720050214

E-mail jane.george1@ntlworld.com

Supported by The Vine Community Church

**MILES MORE
ADVENTURE**
fiskertonscouts.org.uk/join



Contact the GSL Andrew Cooke

on 0798 361 0026

Email : gsl@fiskertonscouts.org.uk

Hall Bookings : Contact Ann 0774 983 6283

Beavers (Age 6-8) meet on a Tuesday

Cubs (Age 8-10) meet on a Thursday

Scouts (Age 10-14) meet on a Wednesday

Explorers (Age 14-18) meet on a Friday

What's On in September: In The Area.....



**LADIES BREAKFAST
Saturday September 7th.**

Ladies, come along and enjoy

♥ a full English breakfast

♥ friendship and fellowship

♥ a short talk by a Christian speaker

at 'Rosie Lea Café, The Parade, Cherry Willingham

8:45am for 9:00am - Cost £5:20

Contact Ann 800209 or Jan 753432 for further details or to book a place



COFFEE MORNINGS:



The Charity Coffee Morning will take place in Cherry Willingham Church Hall on **Saturday September 14th**. from 10am – 11.30am. Delicious home-made cakes.

All proceeds from the refreshments and raffle go to a chosen charity.

Do come and join us.

PLEASE NOTE There will not be a Fairtrade Stall at this event this month.

COFFEE MORNING in aid of Reepham WI:

Saturday September 21st.

Tea, Coffee and cake at Reepham Methodist Chapel

10am – 11.30am

Everyone is welcome to come along.

The Tradecraft Stall will not be available this month, but back to normal in October.

Cherry Willingham & Reepham Indoor Bowls Club.

This year the above Short Mat Bowls Club celebrates its Silver Jubilee, having been formed on 18 September 1988. This followed a decision, made the previous year by the Management Committee of the Reepham and Cherry Willingham Village Hall, to purchase two regulation mats of 45ft. X 6ft. and 8x4 sets of bowls as a leisure activity for the residents of the two villages.

With the forming of a Club under English Short Mat Bowls Association rules the Village Hall Committee graciously donated the equipment purchased.

The Club entered two teams in a new Bishop Norton and District League covering a wide area of West Lindsey, Lincoln and Humberside. Initially the two teams were named Cherry Willingham A & B but the following year the names, as used today, of Cherry Willingham and Reepham became established, with no residency qualifications but friendly rivalry. Over the years the two teams have enjoyed a considerable amount of success in winning various competitions as is evident by the contents of the two trophy cabinets in the Village Hall.

The Club, as a whole, has continued to grow and encourage members to partake in both social and competitive bowling. Due to natural progression some members have fallen by the wayside, others have moved on to higher fields in this world and the next. Many "cut their teeth" on the short mat and are now bowling with success on the outdoor greens and the longer indoor surfaces.

The members of the Club would like to share their experiences of the gentle, and sometimes not so gentle, art of short mat bowls with an even wider populous with no domiciliary restriction.

With this in mind the Club will be holding a Silver Jubilee Open Day on **Sunday, 13 October**, in the **Village Hall from 2.30 p.m. to 5.30 p.m.** Free admission with refreshments. Everyone is invited to show their skill at the game, "try it out" or just observe.

Nettleham Medical Practice And Cherry Willingham Branch Surgery

Staff Changes

Dr John Craven and Dr Rama Srinivasan sadly both left the practice at the end of July 2013. Dr Craven retired after working at the practice for 36 years and Dr Srinivasan moved to be a Partner in a practice in Lincoln having been at the practice for 7 years. Both will be sorely missed by everyone at the practice and by many patients. We wish them both the very best in their new ventures.

Christopher Malone will be joining the practice from 1st October. He is a Nurse Practitioner who will be holding clinics daily and is able to prescribe and treat minor illnesses.

Online Access

The practice has for some years now had the function available via our website for patients to order repeat medication, book appointments, make changes to their address details and send messages to the practice. The number of patients using this facility has steadily increased over the years. However we are aware that only a small number of the overall practice population use this facility.

If you would like to have access to this facility, please bring a form of photographic ID to one of the practices. We will endeavour to process your request while you wait, but on occasions you may be asked to return after 48 hours to collect your login details. These codes last indefinitely and once set up allow you access to all available online facilities.

Monthly Early Closures for Training 2013

In order to enable our doctors and staff to be kept up to date Nettleham surgery will be closed for training at 1pm on the following afternoons. Emergency help is still available by calling 111.

Tuesday 17th September, Tuesday 17th December, Tuesday 15th October, Tuesday 19th November,
Helen Lunn, Practice Manager

Patient Participation Group News & Voluntary Driver Scheme

We are still welcoming patients who wish to join our Patient Participation Group (PPG) & Virtual Patient Reference Group (VRG). We are looking for more Committee members to join the PPG and be an active part of this group. For more information contact Meg Rawden via the surgery. The purpose of the PRG is to have a large group of patients that the practice will contact by email a couple of times each year to ask for their opinion on its services etc. If you are interested in being part of the PRG then please complete one of the join up forms at reception or contact Sarah Liron at the practice for more details.

Our second local participation report is now available to read on our website. The report displays the results of the survey which was undertaken by our PPG in the waiting rooms at the practice and also by members of our VRG.

We are also looking for more drivers to be part of our voluntary driving scheme. At the present moment we have sufficient cover in most of the villages we service but we are very keen to recruit volunteer drivers in Nettleham as currently patients are driven by drivers from the outlying villages.

If you would like more information, or just a chat to find out more, please do phone our co-ordinator Alan Price via the surgery.

If you would like to discuss any of the above areas, or to find out more about all PPG activities please contact either: Pam for the Nettleham area - or Meg for the Cherry Willingham area - via the surgery.

Meg Rawden – PPG Chairperson

Flu Vaccinations Programme

We hope to commence our flu campaign towards the end of September. Following the continual success of our Saturday morning flu clinics, we shall again be running our flu clinics on various Saturday mornings throughout October at both Nettleham and Cherry Willingham surgeries. We will be providing limited Thursday evening clinics at Nettleham for those patients who genuinely cannot attend on a Saturday. Vaccination is available for patients who fit one of the criteria listed below:

Aged 65 or over Have Chronic Heart Disease Have Chronic Liver Disease Have Diabetes
Have Chronic Respiratory Disease (including Asthma when regularly using an inhaled steroid)
Have Chronic Renal Disease Have Suppressed Immune Systems Are a Carer Have Multiple Sclerosis
Currently pregnant

Please contact either surgery from the beginning of September to book an appointment in one of the flu clinics.

There is no need to wait until you receive a letter. If you fit into one of the criteria listed above, please contact the surgery to make an appointment.

NEW SHINGLES VACCINE COMING TO A SURGERY NEAR YOU!

From September 2013, there will be a new national shingles immunisation programme, for people aged 70 years old, and a 'catch-up' programme will commence.

This year's 'catch up' will include anyone who is 79 years old (born September 1933 – September 1934 inclusive).

It is not currently recommended for adults aged 80 years and above, as the efficiency of the vaccine is reduced in this age group.

Shingles is caused by the re-activation of the chicken-pox (varicella) virus, sometimes decades after the initial infection. It can occur at any age, but is most common in older people. The severity also increases with age, and it can lead to ongoing nerve pain (post hepetic neuralgia).

The vaccine helps to prevent shingles and reduces the painful after effects. It is a one dose injection, usually given in the upper arm. It can be given regardless of having had shingles before.

If you are entitled to this vaccine, this year, you will be sent an invitation from the surgery. Due to limited vaccine supply, you will not yet be able to have the vaccine if you are not in the current age groups (above). However, the 'catch up' will be rolled out, eventually to include all 70-79 year olds.

Some people may not be able to have the vaccine, due to it being a 'live' vaccine. This will include people who have reduced immunity due to certain medical conditions or specific medications. Your doctor can advise you if you should not have the vaccine.

We are hoping to provide short weekly singles vaccine sessions at both Cherry Willingham and Nettleham surgeries, and some Saturday morning clinics. We will not be able to give this vaccine at the same time as your annual flu jab.

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Nettleham Police Team:

Fiskerton has been a quiet village this month but there have been a number of bicycle thefts in our area some, where bikes have been recovered but the Police have no idea who they belong to as they are not marked in any way.

Your local neighbourhood policing team can mark your bike and you can also get a bike passport from them, below is a guide to keeping your bike safe.

Cycling is a healthy and environmentally friendly way to travel to work, school or around town. However, more than 500,000 bikes are stolen in the UK each year because they're poorly secured or not secured at all.

How do I store my bike at home?

Keep your bike out of sight - more than half of all bikes are taken from the owner's property.

If your bike is stored in a shed or garage...

- keep the door locked
- cover windows with old curtains and fit wire mesh inside
- lock your bike with two locks to a ground anchor
- fit a good quality padlock to the door, using non-return screws
- install a shed/garage alarm

How do I protect my bike?

- get a good bike lock (D-locks, thick cable locks or combination locks are the most secure) - look for Sold Secure Ltd approved locks, or ask the bike shop for a recommendation
- take removable fittings with you
- always secure both the frame and wheels to an immovable object, such as a bike rack or tree
- consider having your bike security-marked or engraved
- photograph your bike, take down all your bike details in the bike passport and keep it in a safe place
- find and note your bike serial number - usually on crankshaft, underneath pedals
- insure your bike, either on contents insurance or separately
- vary your routine: lock up your bike in different ways and places
- lock your bike every time you leave it, even for a few minutes, don't lose it
- ideally, use two different types of locks - a thief will need more tools to steal it
- think about where you leave it: lock in a busy, well-lit place, in view of other people or CCTV cameras
- make the bike and lock hard to move when parked

Extra security measures

Security mark items that have financial or sentimental value - it will make it easier for the police to identify them and return them to you.

Marking your property may also act as a deterrent to thieves, who do not want to be caught holding or passing on stolen items. You can mark your items by:

- using a UV pen (available at most stationery shops)
- engraving or etching your property
- using a forensic marking solution.