

Are YOU Safe?

There is NO Excuse for Abuse

Where to Get Help during the Covid-19 Pandemic

We know that COVID-19 will have a serious impact on the lives of women, children and men who are experiencing domestic abuse. There is help and advice available online and over the phone. These local and national organisations are working hard to ensure they can still support you...

- EDAN Lincolnshire **01522 510041** www.edanlincs.org.uk
- Worried about somebody else's safety? Report this to Lincolnshire County Council; call **01522 782111** if you are worried about a child, or **01522 782155** if you are worried about an adult.
www.lincolnshire.gov.uk/safeguarding/report-concern
- National Domestic Abuse Helpline **0808 2000 247**
www.nationaldahelpline.org.uk
- Men's Advice Line **0808 801 0327** www.mensadvice.org.uk
- National LGBT+ Domestic Abuse Helpline **0800 999 5428**
www.galop.org.uk
- If you are a child or young person and domestic abuse is happening in your home or relationship, then call Childline on **0800 1111**
www.childline.org.uk
- If you are worried about your behaviour, get help by calling the Respect Phonenumber **0808 802 4040** www.respectphonenumber.org.uk

CALL YOUR
LOCAL
POLICE



101

IN AN
EMERGENCY
ALWAYS
CALL **999**

FOR NON-URGENT INCIDENTS, REPORT ONLINE
www.lincs.police.uk/online-reporting




**Lincolnshire
POLICE**
policing with **PRIDE**